

Deep Nasal Specimen Collection Instructions

1. Tilt patient's head back.
2. Insert swab about 2.5 cm (~1 in)* straight back (not up) into nostril – stop when you meet resistance.
3. Rotate swab several times against the nasal wall.
4. Leave swab in place for several seconds to absorb secretions.
5. Using the same swab, repeat for the other nostril.
6. Immediately place in sterile tube containing transport medium.

**Swab insertion distance will differ for paediatric patients.*

