How to prevent skin damage from cleaning products 1 of 2

ᑯᕈᓇᐸᐃᕆᐢ ᐊᑯᓯᐧᐃᐣ 2019 (ᑯᐱᐟ-19)

ᑫᑐᑕᒪᐣ ᐁᑲ ᑭᒋ ᒪᐢᑲᐊᐟ ᑲᔑᑲᔾ ᑲ ᑲᓯᓂᑲᑲᓂᐧᐊᐠ

ᐁ ᑲᓯᒋᒐᓂᐧᐊᐠ ᓀᐢᑕ ᐁ ᐊᐸᑕᐠ ᑲᓯᒋᒐᑲᓇᐳᔾ ᓀᐢᑕ ᐁᓯᓂᑲᑌᑭ ᑫᐧᑲᓇ ᐧᐊᑭᐨ ᑲᐸᑎᐠ ᑲ ᐃᔑ ᐃᑕᓂᐧᐊᐠ ᐊᒍᐧᐃᑕᓂᐧᐊᐣ ᐅᒪ ᐊᑯᓯᐧᐃᐣ ᐁᑲ ᑭᒋ ᒥᓯᑌᐸᓂᐠ ᔕᑯᐨ ᐊᐢᑲᐤ ᐃᑭᐣ ᑭᒋ ᐱᑯᐡᑲᑫᒪᑲᐠ ᐧᐊᔕᑲᐠ ᑲᑲᓯᓂᑲᑲᓂᐧᐊᐠ ᐧᐃᑕᒪᑫᒪᑲᐣ ᐅᒪ ᒪᓯᓇᐃᑲᐣ ᑫᑐᒋᑲᑌᐠ ᐁᑲ ᑭᒋ ᐅᒪ ᑐᒋᑫᒪᑲᐠ ᒪᔕᑲᐠ ᑭᒋ ᐊᐧᑲᒥᓯᑲᒋᑲᑌᑭ ᑲ ᐊᐸᒋᑕᓂᐧᐊᑭ

ᑲᓂᑲᓀᓂᑕᐧᑲᑭ

• ᐊᐸᒋᑕᐠ ᑲᐣᑐᑯᓄᓇᑲᒥᐠ ᑲᓯᒋᒐᑲᓇᐳᔾ ᑲ ᐃᑕᐧᑲᐠ ᑐᒥᓂᑲᐣ ᐁᑲ ᑫ ᐅᒋ ᐸᐢᑌᑭ ᒥᒋᒋᔭ᙮ ᐁᐧᑲᓂ ᐁᔑᓇᐧᑲᑭ ᐊᑎᐟ
ᑲᐸᑭᑎᓂᑲᑌᑭ ᑲᓯᒋᒐᑲᓇᐳᔭ ᑭᒋ ᒥᓄᔑᔑᐟ ᒥᔕᑲᔾ

• ᑕᔑᓀ ᑭᒋ ᑲᓯᒋᒐᓂᐧᐊᐠ ᓱᑊ ᑭᒋ ᐊᐸᑎᓯᐟ ᓀᐢᑕ ᐱᑯ ᑲᓂᐡᑲᑭ ᑲ ᑲᓯᒐᑲᑲᓂᐧᐊᑭ ᑭᐡᐧᑲ ᒪᑲ ᑲᓯᒋᒐᑲᓇᐳᔾ᙮ ᐁᑲ ᐃᑕᑌ ᓱᑊ
ᑲᓯᒋᒐᑲᓇᐳᔭ ᐊᐸᒋᑕᐠ

• ᐁᑯᐅ ᐊᐸᑕᑭ ᑲ ᑲᓯᓂᑲᑲᓇᐧᐊᑭ ᑲᐣᑐᑯᓄᓇᑲᒥᑭ ᐁᒪᔑᑕᓂᐧᐊᐠ ᐊᑯᓯᐧᐃᐣ ᑯᐱᐟ 19

• ᑲᐧᐃᓇ ᓇᓇᑲᐧᐃ ᐊᑲᒥᓇ ᑲ ᑲᓯᓂᑲᑫᔭᐣ

• ᐊᔭᒥᑕ ᑲ ᐃᑕᓯᓇᑌᐠ ᑫᑐᑕᒪᐣ ᐁ ᐊᐸᒋᑕᔭᐣ ᑲ ᑲᓯᓂᑲᑫᔭᐣ

ᑫᑐᒋᑲᑌᐠ ᐁᑲ ᑭᒋ ᐊᑯᑕᓂᐧᐊᑭ ᒥᒋᒋᔭ ᐁᑲᓯᒋᒐᓂᐧᐊᐠ

ᑫᑐᒋᑲᑌᐠ

• ᓱᑊ ᑲᓯᒋᒐᑲᓂᐧᐊᐣ ᔓᐯᐢᑌᐠ
• ᐧᑲᔭᐢᐠ ᑭᒋ ᐸᑯᒋᒐᓂᐧᐊᐠ
• ᐸᑯᒋᒐᑲᐣ ᑭᒋ ᐊᐸᑕᐠ
• ᒥᑐᓂ ᐧᑲᔭᐢᐠ ᑭᒋ ᐸᐧᑲᐠ
• ᐁᑲ ᐁᐸᑯᒋᒐᓂᐧᐊᐠ ᑕᐸᐢᑌᐧᐊ ᒥᒋᒋᔭ
• ᒧᓇ ᐱᑯ ᔓᑊ ᑲᑕ ᐊᐸᑎᓯᐤ
• ᑐᒥᐧᑲᐣ ᑐᒥᒋᒐᑲᓂᐧᐊᐣ

ᐁᑲ ᑫᑐᑕᒪᐣ

• ᐁᑭᐡᑲ ᑲᓯᒋᒐᓂᐧᐊᐠ

• ᒧᓇ ᑕᐊᐸᑕᐣ ᑲᓯᒋᒐᑲᓇᐳᔾ

• ᒧᓇ ᐳᐢᑕᐢᑎᓴᓂᐧᐊᐣ
ᐁᐧᐸᒪᔑ ᑲᓯᒋᒐᓂᐧᐊᐠ

ᑫᑐᑕᒋᑲᑌᐠ ᐁᒪᓇᒋᑕᓂᐧᐊᐠ ᑲ ᑲᓯᓂᑲᑲᓂᐧᐊᐠ

ᐧᐁᓇᐸᑕ ᑲᓯᒋᒋᑲᓇᐳᔭ
• ᑲᐣᑐᑯᓄᓇᑲᒥᑭ ᑲᑕ ᐊᐸᑕᐧᓇ ᑲᓯᒋᒐᑲᓇᐳᔭ ᐧᐊᔦᐡ 60 90% ᑭᒋ ᐃᑕᐧᑲᐠ
ᐣᑐᑯᓄᓇᐳᔾ
• ᐁᑲ ᑭᒋ ᐱᑯᒋᒉᐡᑲᑯᓇᓂᐧᐊᐠ ᑕᑭᐊᐸᑕᐧᓇ ᑲᓄᐢᑲᑲᒥᑭ
• ᐁᑲ ᑲᒥᓇᐧᑲᑭ ᑲᑕ ᐊᐸᑕᐧᓇ

ᐁ ᐊᐸᑕᑭ ᑲ ᑲᓯᓂᑲᑲᓂᐧᐊᑭ ᑭᒋ ᐊᐧᑲᒥᓯᓇᓂᐧᐊᐠ
• ᒐᐯᐠᐢ ᐱᑯ ᓇᑲᐸᐧᐊᒋᑲᑌᐤ ᓂᐱᔾ ᐁ ᐊᐸᑕᐠ

• ᐅᓇᑲᒥᓇ ᑭᓂᐱᑦ ᐁᑲ ᐁ ᐃᔑ ᑲᐡᑲᒧᑕᔭᐠ

• ᓯᓱᐸᑕᐃᑲᓇ ᑲᐧᐃᓇ ᐧᐃᓇᒋᑲᓂᐠ ᐃᔑ ᓯᓱᐸᑕᐊ ᐸᐧᑲᓀᑭᓄᐠ ᐃᔑ ᓯᓱᐸᑕ ᑲ
ᑲᓯᓂᑲᑫᔭᐣ

• ᒥᓯᐧᐁ ᑫᐧᑲᐣ ᓯᓱᐸᑕᐊ ᑲ ᐃᔑ ᑕᔑᓇᐧᐃᓇᓂᐧᐊᐠ ᑲᐧᐃᓇ ᐧᐃᓇ ᒪᔕᑲᐠ ᓯᓱᐸᑕᐅᑎᓱ

• ᐊᐢᑎᓴᐠ ᑲᑕ ᑭᐡᑲᐧᐊᑲᓂᐧᐊᐧᓇᐠ ᑫᐧᑲᐤ ᐁᓄᒋᑕᓂᐧᐊᐠ ᐧᐁᐱᓂᑲᓇ ᑲ ᐃᑕᐢᑌᐠ ᑲᑕ
ᑐᒋᑲᑌᐣ

ᑭᐢᑭᓄᐊᒪᓱᐠ ᐅᒪ ᐅᒋ ᐊᑯᓯᐧᐃᐣ
ᐅᑕ ᐃᔑ ᐃᑕᐱᐠ ᑭᒋ ᓇᓇᑕᐧᐊᐸᑕᒣᐠ ᑲ ᐊᑎ ᐃᔨᐠ ᐅᒪ ᐅᒋ ᐊᑯᓯᐧᐃᐣ ᐅᒪ ᐃᑕᓯᓇᑌᐤ ontario.ca/coronavirus.

ᐧᐃᓇᓇᑕᐧᐃ ᑭᐢᑫᓂᑕᒪᓀ ᐊᐧᐊ ᑲ ᑭ ᐊᔭᒥᐊᐤ_______________________

ᐅᐱᒪᐊᒧᐧᐃᐱᓯᑦ 30 2020 ᑲ ᑭᒪᓯᓇᐃᑲᑌᐠ ᐅᒪ ᐧᐃᑕᒪᑫᐧᐃᐣ